



Hakone Jinja



Mt. Omuro



Okada Museum of Art



Shuzenji



Jogasaki Coast

# Fuji-Hakone-Izu Healing Journey of Japanese Culture and Hot Springs (4days/3nights)

**Step away from the bustle of Tokyo and embark on a 4-day healing journey through the scenic wonders of Fuji, Hakone, and the Izu Peninsula. This tour blends the essence of Japanese culture with the restorative power of hot springs, offering a perfect balance of heritage, flavor, and relaxation.**

\*This is a tailor-made travel program, and we can craft your personalized itinerary based on your interests.

## [SAMPLE ITINERARY]

### Day 1: TOKYO » HAKONE

Leave behind the bustle of Tokyo and begin a healing journey to Hakone in Kanagawa Prefecture. Start with a ride on the Hakone Ropeway, enjoying an aerial stroll and breathtaking panoramic views below. Then, take a scenic cruise on Lake Ashi, where the majestic figure of Mount Fuji rises before you as you feel the refreshing breeze. The highlight is a visit to Hakone Shrine, one of the most powerful spiritual spots in the Kanto region. Experience the tradition of shrine worship, and admire the striking vermilion torii gate that seems to float on the lake's surface — a popular photo spot with Mount Fuji as its backdrop. In the evening, unwind at Hakone's renowned hot springs, letting the blessings of the onsen soothe your body and spirit as you enjoy a moment of quiet tranquility.

### Day 2: HAKONE » ITO » IZU

From Hakone, continue on to the Izu Peninsula, where new breathtaking scenery awaits. Ride the Omuro Mountain Lift for a 360-degree panorama — from the summit, sweeping views stretch across Mount Fuji, Sagami Bay, and the Izu Islands. Next, visit the dramatic cliffs of the Jogasaki Coast, formed by the eruption of Omuro Mountain about 4,000 years ago. This rugged coastline is part of the Izu Peninsula Geopark, recognized as a UNESCO Global Geopark. In Shuzenji, stroll the enchanting Bamboo Path, a green tunnel where the sound of swaying bamboo restores inner peace. End the day at Shuzenji Onsen, soothing away fatigue while savoring the nostalgic charm of this historic hot spring town.

### Day 3: IZU » ATAMI

Traveling through Shizuoka Prefecture, you will be guided to experiences of Japanese culture. In Izu Kōgen, enjoy a hands-on nigiri sushi workshop — the taste of sushi you prepare yourself is truly special. In the afternoon, stroll through the Atami Plum Garden, where seasonal flowers surround you with ever-changing beauty, allowing you to feel the rhythm of nature. Then, visit Kinomiya Shrine, a renowned power spot, to purify mind and body and draw vitality from its sacred 2,000-year-old camphor tree. End the day at Atami Onsen, refreshing both body and spirit in its famous hot springs. Relax in an open-air bath overlooking the sea, and savor a blissful moment of tranquility.

### Day 4: ATAMI » HAKONE » TOKYO

On the final day of the journey, begin with a Zen meditation experience, calming the mind and restoring balance. At a sacred power spot, encounter a 900-year-old, 20-meter-tall juniper tree, where you may feel a deep sense of connection and vitality. Embrace the teachings of Zen, engraving the peace and inspiration of the trip into your heart. The journey concludes with a visit to the Okada Museum of Art in Hakone, where even a soothing footbath awaits to provide a final memorable moment. Carry with you the memories of four days filled with breathtaking scenery and healing hot springs, returning to Tokyo refreshed in both body and spirit.



For more information, please contact us!  
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## [ATTRACTIONS & ACTIVITIES]

### Hakone Ropeway

For breathtaking panoramic views, hop on the Hakone Ropeway, which connects various parts of Hakone and offers stunning aerial views of the lake and surrounding mountains.



### Lake Ashi

A caldera lake framed by a lakeside torii gate, stunning views, and iconic “pirate ships,” Lake Ashinoko formed after Mt. Hakone’s eruption 3,000 years ago. Known for its picture-perfect view of Mt. Fuji on clear days, it’s one of Hakone’s must-see spots.



### Hakone-jinja Shrine

Located on the shores of Lake Ashi, Hakone Shrine is a serene spiritual sanctuary surrounded by ancient cedar forests. Its iconic red torii on the water and peaceful atmosphere make it an essential cultural stop for visitors to Hakone.



### Mt. Omuro

Mt. Omuro, a prominent landmark in Ito, was formed by an eruption around 4000 years ago and is the largest scoria cone within the Izu East Volcanic Group. This entire mountain is designated as a national natural monument. Take the ropeway to the summit and enjoy panoramic views of Mount Fuji, the Izu Islands, and Sagami Bay.



### Kinomiya Shrine

Kinomiya Shrine, once known as Kinomiya Daimyōjin, has long been revered as the guardian deity of Atami and a source of good fortune.



### Jogasaki Coast

Jogasaki Coast, known for its rugged beauty and dramatic cliffs formed by volcanic activity. Walk along the Jogasaki Picnical Course and Nature Study Trail, crossing the thrilling Kadowaki Suspension Bridge and visiting the Kadowaki Lighthouse’s observation deck for stunning coastal views.



### Shuzenji

A charming hot spring resort town located in the center of the Izu Peninsula, Shizuoka. Known for its relaxing ambiance and scenic beauty, it offers a perfect blend of nature, history, and culture, highlighted by the historical Zen temple, Shuzenji Temple.



### Atami Onsen (Hot Springs)

Immerse yourself in Atami’s historic hot springs, which have captivated bathers since the Nara period (710–794). The healing properties of these springs fascinated Shogun Tokugawa Ieyasu, who even attempted to recreate them in Edo (now Tokyo). Today, a diverse array of hot springs continues to attract visitors seeking rejuvenation and relaxation in these therapeutic waters.



### Atami Plum Garden

Established in 1886, Atami Plum Garden is a historic landscape garden known for its early-blooming plum trees—about 470 in total, representing 60 varieties that begin flowering as early as January. In autumn, roughly 380 maple trees fill the garden with brilliant color. Visitors can also enjoy a foot bath, a traditional tea house, charming bridges, and a riverside walkway.



### Okada Museum of Art

Located in Hakone, the Okada Museum of Art showcases an exceptional collection of Japanese and East Asian masterpieces in spacious, beautifully designed galleries. After exploring the exhibits, visitors can relax in the museum’s outdoor hot-spring footbath overlooking the garden—a uniquely Hakone blend of art, nature, and tranquility.

